



SECRETARY OF THE ARMY  
WASHINGTON

12 JUN 2020

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Army Directive 2020-06 (Army Combat Fitness Test)

1. References.

- a. Army Regulation 350–1 (Army Training and Leader Development), 10 December 2017
- b. Field Manual 7-22 (Army Physical Readiness Training), 26 October 2012
- c. Center for Army Lessons Learned, 20-09 (Army Combat Fitness Test (Version Two)), 18 February 2020

2. Purpose. This directive establishes the Army Combat Fitness Test (ACFT) as the Army's physical fitness test of record, replacing the Army Physical Fitness Test (APFT).

3. Background. The APFT has been our test of record for more than 40 years. The Army's physical fitness test must be based in science and accurately predict a Soldier's ability to fight and win in multi-domain operations. The ACFT does so and will become our test of record. My pledge is to give all Soldiers the proper time and training to succeed. It is my intent that the transition to the ACFT will not adversely affect any Soldier or group. The Army will continue to collect performance data and assess standards and requirements to ensure the ACFT best meets the needs of our Army and our Soldiers.

4. Policy.

- a. The ACFT replaces the APFT as the Army's physical fitness test of record beginning 1 October 2020. The Army will no longer conduct the APFT after 30 September 2020. The only exception is articulated in AR 350–1, paragraph F–5k, for Soldiers who failed their last record APFT.

- b. The Deputy Chief of Staff (DCS), G-3/5/7, in coordination with the Assistant Secretary of the Army (ASA) for Manpower and Reserve Affairs (M&RA), will publish further guidance on the ACFT, including, but not limited to, the interim events and scoring standards, profiles, frequency of testing, data collection, alternate aerobic events, and use for Initial Military Training and Commissioning.

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c. A passing score on the last record APFT remains valid until 31 March 2022 for any purpose requiring a passing APFT or score, including, but not limited to, professional military education, functional courses, or operational course credit consideration.

d. Administrative changes. No adverse administrative actions (such as flags, separation, denial of appointment/commissioning, derogatory/referred evaluation reports, and Order of Merit List Standings) will be taken against a Soldier based on failing the ACFT until further guidance is published by the ASA (M&RA). A Soldier's score, or comments regarding performance on the ACFT, will not be used administratively (such as the Officer or Noncommissioned Officer Evaluation Reports, Academic Evaluation Report, Enlisted Record Brief, Soldier Record Brief, or Officer Record Brief) or considered as part of a semi-centralized or centralized promotion board process until further guidance is published by the ASA (M&RA).

5. Applicability. This policy applies to the Regular Army, Army National Guard/Army National Guard of the United States, and U.S. Army Reserve.

6. Proponent. DCS, G-3/5/7 is the proponent for this directive.

7. Duration. This directive is effective until rescinded or superseded by subsequent Army policy.



Ryan D. McCarthy

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