



SECRETARY OF THE ARMY  
WASHINGTON

22 JAN 2019

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Army Directive 2019-02 (Voluntary Inactive Duty Training)

1. References

a. Department of Defense Instruction (DoDI) 1215.06 (Uniform Reserve, Training, and Retirement Categories for the Reserve Components), March 11, 2014, Incorporating Change 1, Effective May 19, 2015.

b. DoDI 1215.07 (Service Credit for Non-Regular Retirement), January 24, 2013, Incorporating Change 2, May 24, 2016.

c. DoDI 1235.11 (Management of Individual Mobilization Augmentees (IMAs)), May 24, 2007.

d. Army Regulation (AR) 140-1 (Mission, Organization and Training), 20 January 2004.

e. AR 140-145 (Individual Mobilization Augmentation Program), 21 March 2016.

f. AR 140-185 (Training and Retirement Point Credits and Unit Level Strength Accounting Records), 3 August 2018.

2. Purpose. This directive clarifies Army policy for U.S. Army Reserve (USAR) IMA detachments and prescribes voluntary inactive duty training for all qualifying USAR Soldiers.

3. Applicability. This directive applies only to USAR Soldiers. It does not apply to the Regular Army or the Army National Guard/Army National Guard of the United States.

4. Policy. The Chief of Army Reserve (CAR) is my principal advisor for all matters in this directive, including management and implementation of training for all USAR Soldiers.

a. IMA Soldiers may be formed into IMA detachments for ease of management, training, and accountability. To the extent they are inconsistent, the provisions of AR 140-145, paragraph 1-7c (reference 1e) supersede the provisions of AR 140-1, paragraph 2-9 (reference 1d) and will be incorporated into the next revision of

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AR 140-1. The detachment will cease to exist when all IMA detachment members have mobilized.

b. USAR Soldiers may perform voluntary inactive duty training (IDT) for retirement points only.

(1) Voluntary IDT must involve special additional duties authorized for USAR Soldiers, pursuant to Office of the CAR policy.

(2) USAR Soldiers must perform voluntary IDT in connection with the prescribed training or maintenance activities of the units they are assigned to in support of operational readiness.

(3) Voluntary IDT periods are not less than 2 hours (excluding roll call and rest periods) with a maximum of one point authorized on each calendar day.

c. This policy is effective immediately. Forward requests to credit qualified voluntary IDT as of 15 March 2016 for eligible USAR Soldiers to the Office of the CAR. All requests must meet the criteria in paragraph 4 and as implemented in Army policy. Upon approval, U.S. Army Human Resources Command will credit qualified voluntary IDT.

5. Proponent. The CAR is the proponent for this policy. The CAR will coordinate with the Deputy Chief of Staff, G-1 to incorporate these changes into the applicable regulations within 2 years from the date of this directive.

6. Rescission. This directive is rescinded upon publication of the updated regulations.



Encl

Mark T. Esper

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## ARMY RESERVE MISSION, ORGANIZATION, AND TRAINING

The following provisions revise AR 140-1 (Mission, Organization, and Training) (reference 1d), as noted.

### 2-9. IMA detachments

IMA detachments consist of IMAs who volunteer for IDT for retirement points only. The organization mission of the IMA detachments is direct support to the proponent agency to which they are assigned. Such detachments may be composed of IMA and non-IMA Soldiers who are performing IDT, including voluntary IDT (as prescribed in DoD Instruction 1215.06), in support of their proponent agency for retirement points only. These detachments will be organized similar to RTUs (paragraph 2-7) except as follows:

a. The IMA gaining command must approve the training program.

b. The detachment must have at least five Army IMAs who have similar military training interests. The number of personnel from any of the other U.S. Armed Forces to be attached is not limited. Normally, only those holding IMA assignments will be attached for training. However nonaugmentees may be attached when the commander, together with the CG, HRC, so specify. (See AR 140-192 for other requirements for attachment to intelligence units.)

c. No organizational structure is prescribed for IMA detachments. However, the structure should help training in the mission of the proponent agency for the attached officers. (See paragraph 3-23 and AR 140-192 for a discussion of training.)

### 3-4. IDT assembly policy

a. *Two-hour training assembly.* Two-hour assemblies are authorized for RTUs and IMA detachments in a nonpay status, provided individual members qualify for voluntary IDT in accordance with Army policy.

### 3-23. Training of IMA and detachments

e. IMA detachments consist of IMAs who volunteer for IDT for retirement points only. The organization mission of IMA detachments will be direct support to the proponent agency to which they are assigned. Such detachments may be composed of IMA and non-IMA Soldiers who are performing IDT, including voluntary IDT (as prescribed in DoD Instruction 1215.06), in support of the proponent agency for retirement points only. These detachments will be organized like RTUs (paragraph 2-7) except as follows:

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(1) The IMA proponent agency must approve the training program.

(2) The detachment must have at least five Army IMAs who have similar military training interests. The number of personnel who can be attached from any of the other Armed Forces is not limited. Normally, only those holding IMA assignments will be attached for training. However, nonaugmentees may be attached when the commander, together with the CG, HRC, specify. (See AR 140-192 for other requirements for attachment to intelligence units.)

(3) No organizational structure is prescribed for IMA detachments. However, the structure should support the mission of the proponent agency and otherwise facilitate the training of all assigned Soldiers.

Glossary, Section II, Terms

### **Voluntary IDT**

Training in a nonpay status for retirement points only. Voluntary IDT must involve special additional duties the CAR has authorized for members of the USAR that they perform on a voluntary basis in connection with the prescribed training or maintenance activities of the units to which they are assigned. Voluntary IDT periods will not be less than 2 hours (excluding roll call and rest periods), with a maximum of two points authorized on any 1 calendar day.

## **ARMY RESERVE INDIVIDUAL MOBILIZATION AUGMENTATION PROGRAM**

The following provisions revise AR 140-145 (Individual Mobilization Augmentation Program) (reference 1e), as noted.

### **1-7. Organization command and control**

c. IMA Soldiers may be formed administratively into IMA detachments for ease of management, training, and accountability. IMA detachments will have as an organizational mission the support of the proponent agency to which the Soldiers are assigned. Such detachments may be composed of IMA and non-IMA Soldiers who volunteer to perform IDT periods in support of their proponent agency for retirement points only. Some organizational guidelines for IMA detachments include—

(3) Such detachments may be composed of IMA and non-IMA Soldiers who are performing IDT, to include voluntary IDT (as prescribed in DoDI 1215.06), in the direct support to the proponent agency for retirement points only.

Glossary, Section II, Terms:

### **Voluntary IDT**

Training in a nonpay status for retirement points only. Voluntary IDT must involve special additional duties the CAR authorized for USAR members that they perform on a voluntary basis in connection with prescribed training or maintenance activities of the units to which they are assigned. Voluntary IDT periods will not be less than 2 hours (excluding roll call and rest periods), with a maximum of two points authorized on any 1 calendar day.

## **ARMY RESERVE TRAINING AND RETIREMENT POINT CREDITS AND UNIT LEVEL STRENGTH ACCOUNTING RECORDS**

The following provisions revise AR 140-185 (Training and Retirement Point Credits and Unit Level Strength Accounting Records) (reference 1f), as noted.

### 2-1. Criteria for crediting retirement points

e. IDT will be either 4 hours in length for one retirement point or 8 hours in length for two retirement points. Voluntary IDT for points only will be a minimum of 2 hours in length (excluding roll call and rest periods) and maximum of two retirements points each day.

### 2-4. Criteria for awarding retirement points

b. Table 2-3 provides criteria for the award of retirement points for IDT performed in accordance with DODI 1215.07 and AR 140-1 (unless another reference is cited). Most types of IDT are covered by one of the following rules on required duration of IDT and calendar day limitations on points. A maximum of two retirement points may be credited for attendance at unit battle assembly or IDT on any 1 calendar day.

#### (1) *Inactive duty service types are—*

(i) *Voluntary IDT.* Soldiers may voluntarily perform special additional duties the CAR has authorized for USAR members pursuant to 37 USC 101(22)(B). Voluntary IDT will be performed in connection with prescribed training or maintenance activities of the units to which they are assigned. These periods are performed for retirement points only (without pay) and will not be less than 2 hours (excluding roll call and rest periods), with a maximum of two points authorized on any 1 calendar day.

(3) *Two-hour rule.* Soldiers earn one point for each voluntary IDT period each day for training conducted in accordance with paragraph 2-4b(1)(i).

Table 2-3

	Column A	Column B	Column C
Rule	When the individual—	And—	Then the individual will be awarded—
11	Performs or voluntary IDT nonpaid.	Is a USAR Soldier assigned/attached	Points under the 2-hour rule (only one retirement point each day is authorized for each voluntary IDT period with a maximum of two points each day IAW para 2-4b(1)(i)).

Table 3-3

	A	B	C	D	E
Rule	If a Soldier is attached for retirement points only and is	By reason of	Then is awarded retirement points	Record in column f, DA Form 1379	Record in column g, DA Form 1379
1	Present IMA detachment assembly	Attendance	One for each 2 hours of assembly (maximum two points each day)	S	Not on Reserve Component Master Pay File (RCMPF) <sup>1</sup>