



SECRETARY OF THE ARMY  
WASHINGTON

11 AUG 2016

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Army Directive 2016-31 (Standardized Qualification for Army Instructor Physical Profile)

1. Reference Army Regulation (AR) 614-200 (Enlisted Assignments and Utilization Management), 29 February 2009, Including Rapid Action Revision No. 2 Issued 11 October 2011.

2. Background

a. Soldiers with multiple combat deployments are common in the Army, and many of these Soldiers suffer from post-traumatic stress disorder (PTSD). The Army is working to eliminate any stigma associated with a diagnosis of PTSD and to remove any real or perceived obstacles to self-reporting for a PTSD assessment. All Soldiers seeking treatment for PTSD must be empowered to pursue medical care through proper medical channels without concern that doing so will adversely affect their career progression.

b. The Army codes Soldiers who are diagnosed with PTSD with a "2" under the "S" category in their physical profile. Under AR 614-200, these Soldiers are qualified to serve as an instructor for the Reserve Officers Training Corps and Basic Officer Leader Course, but are disqualified from serving as an instructor in a Uniformed Service school or the U.S. Army Sergeants Major Academy.

3. Policy. Effective immediately, AR 614-200, paragraphs 6-11a(2) and 6-12a(3) are revised to eliminate the requirement for a "1" under the "S" of the physical profiles. The Army will not apply this criterion when selecting Soldiers for instructor duty as defined in AR 614-200, paragraph 6-7.

4. Applicability. This policy applies to the Active Army, Army National Guard/Army National Guard of the United States, and U.S. Army Reserve.

5. Proponent. The Deputy Chief of Staff, G-1 is the proponent for this policy and will incorporate this change into AR 614-200 by 1 January 2017. This directive is rescinded upon publication of the revised regulation.



Eric K. Fanning

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(see next page)

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